

# SNAPSHOT OF MEN'S HEALTH & WELLBEING IN WA

The 10 leading causes of death in Australia for men, in descending order are: Heart Disease, Respiratory Cancer, Dementia, Alzheimer's Disease, Stroke, Respiratory Disease, Prostate Cancer, Blood and related Cancers' Diabetes' Suicide and Colon Cancer.



## 3.7%

of the WA male population identify as Aboriginal or Torres Strait Islander Australians.

**Life Expectancy 15.1 years** lower than non-Indigenous men.

Disease burden due to depression and anxiety is **70% greater** than non-Aboriginal men.

The median age at death was **49.9 years - 30 years less** less than non-Indigenous males.

**Violence, drug use, mental health chronic disease,** contribute to poorer health outcomes.

These are reportedly linked to

**80% of Aboriginal male juveniles & 70% of adult Aboriginal males re-offending in WA.**

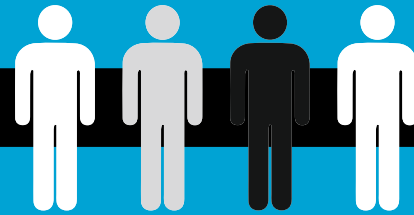
Particular health issues drive imprisonment rates, notably mental health conditions, alcohol and other drug use, substance abuse disorders and cognitive disabilities.

These **GAPS** need to be addressed.

Men's Health & Wellbeing



Western Australia [www.menshealthwa.org.au](http://www.menshealthwa.org.au)



**2X** Coronary heart disease twice as high as females.

**50%** Chance of developing cancer before 85 years compared to 33.3% for women.

**#1** Prostate cancer is the most common cancer for men. Lung cancer is the number 1 killer cancer for men.

**3.8m/48%** Number of males between 16-85yo who have experienced mental disorder in their lifetime.

**1 in 8** men will have depression & **1 in 5** will experience anxiety

**60,000** FIFO workers in WA **85%** are male **28%** will experience some form of depression

**75.6%** Percentage of death by suicide in 2015 are male.

**43.2%** Percentage of men engaged in illicit drug use in their lifetime

Data cited are collated from various sources, and are listed on our website.